

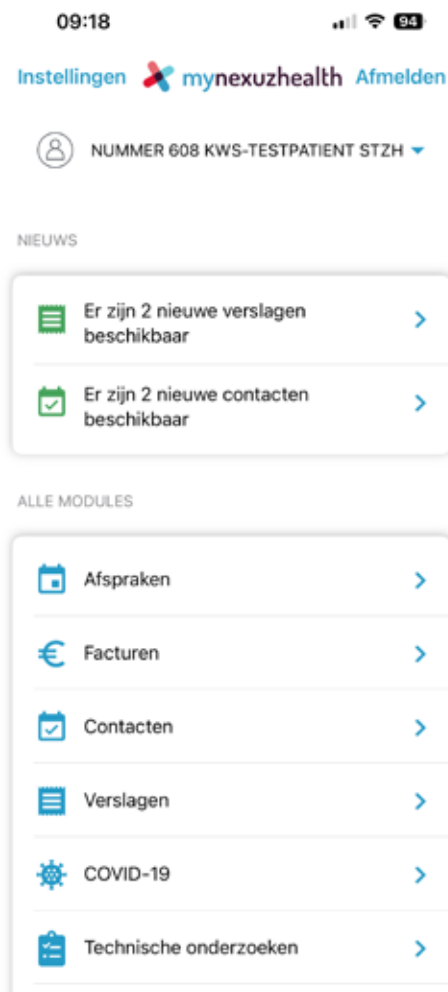


How to make an appointment via the Mynexuzhealth app

Explained step by step

Ziekenhuisbreed

Step 1: open the Mynexuzhealth app



- Open the Mynexuzhealth app on your smartphone and log in.
- On the home screen, you will see the various modules.
- Tap **Appointments**.

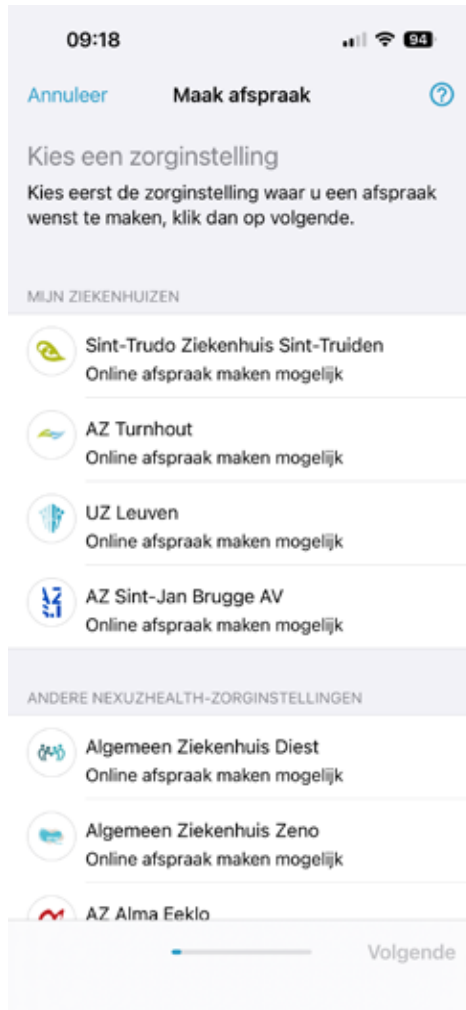
Step 2: go to a new appointment



Je hebt geen
geplande afspraken.

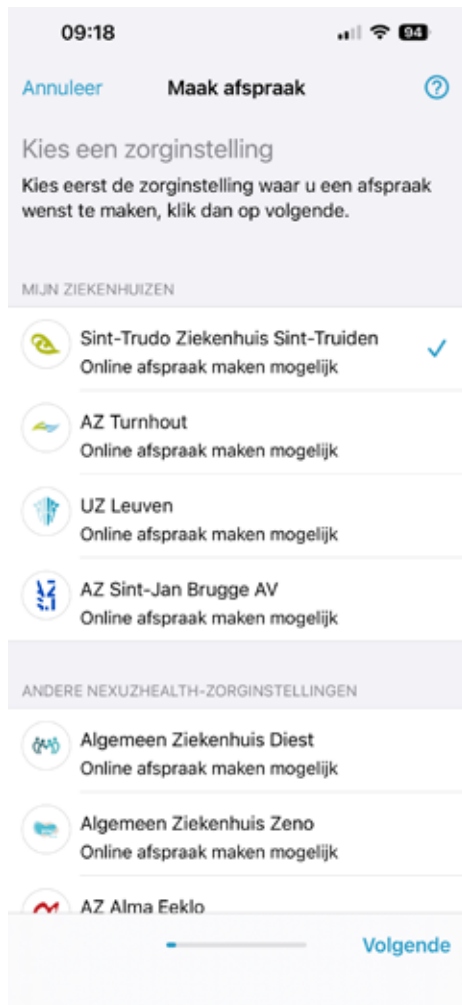
- You will see an overview of your scheduled appointments.
- If there are no scheduled appointments, the message will appear: **You have no scheduled appointments.**
- Tap the plus sign (+) in the top right-hand corner to make a new appointment.

Step 3: select a healthcare provider



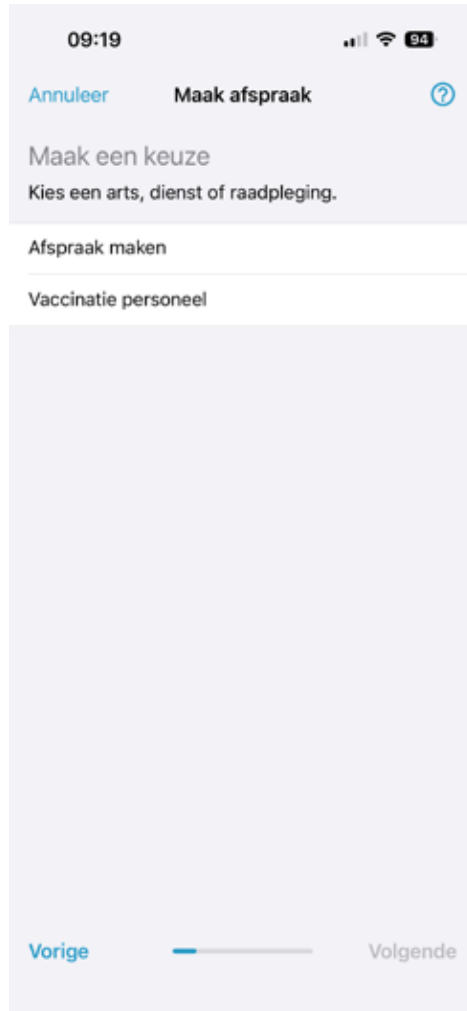
- You will be taken to the **Make an appointment** screen.
- First, select the healthcare facility where you want to make an appointment.
- Tap **Sint-Trudo Ziekenhuis Sint-Truiden**.

Step 4: confirm your choice



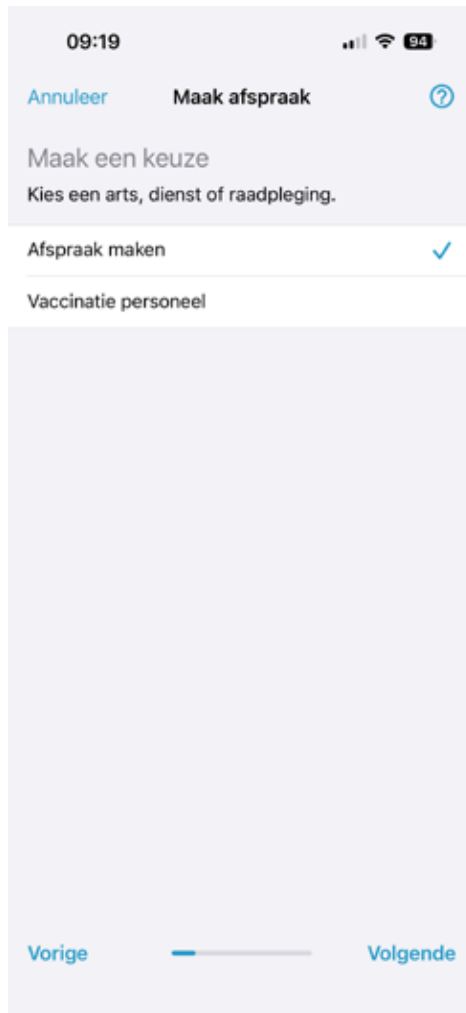
- After tapping, a **check box** will appear next to Sint-Trudo Ziekenhuis Sint-Truiden.
- Tap **Next** at the bottom right.

Step 5: choose what you want to do



- You will now be asked to make a selection.
- Tap on **Make an appointment.**

Step 6: confirm your choice



- A check box will appear next to **Make an appointment**.
- Tap **Next** at the bottom right.

Step 7: choose a service or consultation



- You will see a list of departments and consultations.
- Select the service for which you wish to make an appointment, for example **Gynaecology**.

Step 8: read the important information



- For some services, additional information appears in a speech bubble. Read this information carefully.
- Then tap the selected service again, for example **Gynaecology**, so that **a check box** appears.
- Then tap **Next**.

Step 9: choose a date



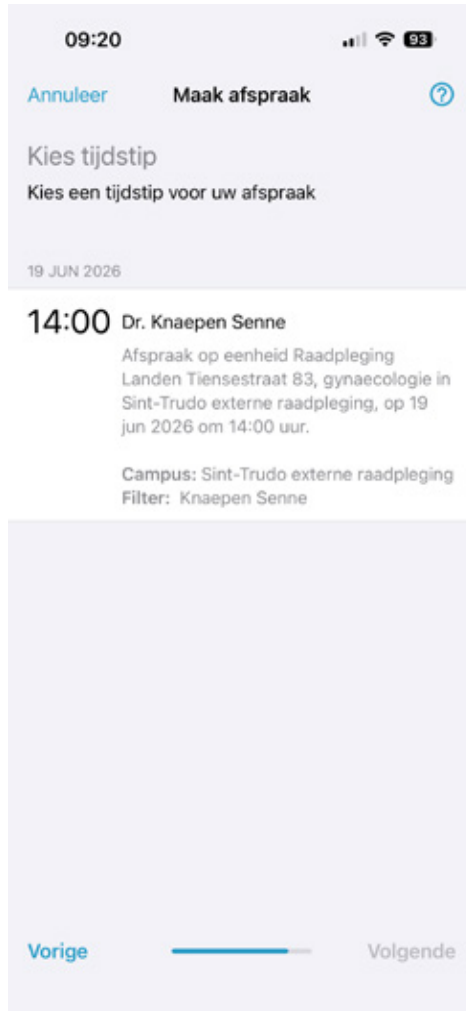
- You will see a calendar showing available dates.
- Days with available appointments are marked with a **blue dot**.
- Tap on an available day.

Step 10: confirm the chosen day



- The selected day will be highlighted **in blue**.
- Tap **Next** at the bottom right .

Step 11: choose a time



- You will see the available times.
- Tap on your preferred time, for example 14:00.

Step 12: check and confirm the appointment

The screenshot shows the 'Bevestig afspraak' (Confirm appointment) screen in the Mynexuzhealth app. At the top, the time is 09:20 and the battery is at 93%. There are two main buttons: 'Annuleer' (Cancel) in blue and 'Maak afspraak' (Make appointment) in black. A help icon (?) is also present. Below this is the title 'Bevestig afspraak'. The appointment details are as follows:

- Tijdstip** (Time slot): 14:00
- Beschrijving** (Description): Afspraak op eenheid Raadpleging Landen, Tiensestraat 83, gynaecologie in Sint-Trudo externe raadpleging, op 19 jun 2026 om 14:00 uur.
- AANWEZIGEN** (Present): A patient card for 'Patiënt NUMMER 608 KWS-TESTPATIENT STZH' with a green 'N6' icon and a right-pointing arrow.
- BIJLAGE** (Attachment): A section with a blue link 'Bijlage toevoegen' (Add attachment).
- REDEN VAN AFSpraak** (Reason for appointment): A section for entering the reason.

At the bottom, there are two buttons: 'Vorige' (Previous) on the left and 'Bevestig' (Confirm) on the right, with a blue horizontal line between them.

- Check all the details of your appointment:
 - the time
 - the description
 - the location
 - the patient details
- You can also add an attachment or enter a reason for the appointment.

- Is everything correct? Tap **Confirm** at the bottom right.

Done

Your appointment has now been requested or confirmed via Mynexuzhealth. Afterwards, check under **'Appointments' to ensure** the appointment is correctly listed in your overview.

Good to know

- Not all appointments can be booked online. If you cannot see any available times or cannot find the right department, please contact the hospital by phone.
- Before confirming, always check the date, time, doctor, department and location of your appointment carefully.
- Can't make it? Then cancel or reschedule your appointment in good time via Mynexuzhealth or contact us by phone.
- Do not use Mynexuzhealth for urgent medical queries or emergencies. If you have urgent symptoms, please contact your doctor, the hospital or the emergency department by phone.

Notes

A series of 20 horizontal dotted lines for writing notes.

Scan the QR code below and discover all the features of Mynexuzhealth.



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www.sint-trudo.be

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